

**THE FISHERS AREA SWIMMING TIGERS PRESENT
THE 2010 SUMMER JAM INVITATIONAL
FRIDAY THROUGH SUNDAY, JUNE 25-27, 2010**



- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN10301.
- HOST:** Fishers Area Swimming Tigers, P.O. Box #453, Fishers, Indiana 46038
- POOL:** Fishers High School Aquatic Center
13000 Promise Road
Fishers, Indiana 46038
- FACILITY:** Competition Pool: One 50-meter pool with ten-7.5-foot wide lanes each with non-turbulent lane markers. Daktronics 2000 Time System will be used. For all sessions, lanes 1-9 will be utilized for competition, with lane 10 reserved for warm-up and warm-down. In the event of circumstances necessitating changes during the meet, information will be updated on the FAST website at www.fasttigers.com. Balcony spectator seating is available.
- PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center.
- RULES:** Current USA Swimming and Indiana Swimming rules will govern the meet. Please pay special attention to rule 202.3.2 that states, "At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the member in making arrangements for such supervision.
- ELIGIBILITY:** Age as of June 25, 2010 shall determine the age for each swimmer entered into the meet. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry. Coaches must constantly display their USA Swimming coach credential to gain deck access. The meet referee or meet director reserves the right to ask for coach credential display and/or deny access if the coach does not comply.

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MEET FORMAT: All events on Friday will be timed finals. Saturday and Sunday will be a Prelim/Final Meet for swimmers ages 11-12, 13-14 & Open. All 11-12 & 13-14 events will swim two heats (top-18) at finals. Open events will swim three heats (top-27) for each event.

All events with the exception of the 400 Freestyle, 400 Individual Medley, 1500 Freestyle will be pre-seeded. Swimmers must positive check-in for all deck seeded events. The sign-in deadline will be 45 minutes before the start of the session for these events.

This will be a Timed Finals Meet for swimmers in the 10 & Under age group.

All 10-Under & 11-12 events will be pre-seeded with the exception of the 11-12 400 Freestyle. Swimmers in this event must positive check-in 45 minutes before the start of the session.

Entries shall be limited so that morning prelims sessions will conclude by 12:00 Noon and afternoon prelims sessions will conclude by 4:30 PM. There will be refunds for any event that is limited.

All 1500 Freestyle swimmers are required to provide one timer and one lap counter.

If a swimmer misses their event, they will be declared a “no show” and will not be placed in any other heat to make-up the swim. Fishers Area Swimming Tigers reserves the right to use “fly-over” starts for all events.

SCORING: 22-19-18-17-16-15-14-13-12-10-8-7-6-5-4-3-2-1

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ENTRIES: Enter each swimmer with their full first name, last name, age and USA Swimming number on the entry. All times must be submitted in **LONG COURSE METERS TIMES AND COMPLETED TO THE HUNDRETH OF A SECOND. CONVERTED TIMES MUST USE THE HY-TEK TIME CONVERTER.**

Swimmers in the 11-12, 13-14 and Open age groups will be limited to three (3) individual events per day. Swimmers in the 10-Under Age Group will be limited to four (4) individual events per day. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds.

FAST reserves the right to determine which entries to accept. Among the items FAST and will consider when making these determinations are: teams will not be broken, number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition and geographic location.

The Fishers Area Swimming Tigers reserves the right to **limit the number of heats in all individual events to keep the time line manageable.** There will be refunds for all swimmers that get cut out of events.

EVENT SEEDING: All events 200 Meters and under will be pre-seeded. There will be a positive check-in for all events that are 400 Meters and over. Check-in will close 45 minutes before the session start time.

ENTRY FEES: All entry fees must be paid by June 18, 2010. Please make check payable to: **FISHERS AREA SWIMMING TIGERS.** The individual events that are timed finals (10-Under Events, 11-12 400 Free & 13-14/Open 400 Free, 400 IM & 1500 Free) are \$4.00. The individual events that are prelims/finals are \$5.00 per event.

There is also a \$1.50 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.

Mail entries and fees to the Entry Chairperson:
Ken Stopkotte
P.O. Box #453
Fishers, Indiana 46038
(317) 664-1608
(317) 570-SWIM (7946)
Email: kstopkotte@aol.com

DECK ENTRIES: Will be accepted if the meet is not filled on ONLY as NEW ADDITIONS; CHANGES WILL NOT BE ACCEPTED. Entry fee for deck entries are \$8.00 per timed finals event and \$10.00 per prelims/finals event.

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DEADLINE: We expect this meet to fill up very quickly. **Entries will be accepted immediately. The final entry date for entries to be received is 5:00 PM ET on June 4, 2010 or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by June 7, 2010 via email or US Postal depending on the form of entry.**

Any accepted team entries may be updated until midnight on June 21, 2010. Updated times must be received via email. **NO PHONE UPDATES WILL BE ACCEPTED.**

The entry deadline will be extended if the meet is not full. Email confirmation of receipt will be returned. All email entries must be followed by a paper entry and check for entry fees. Please make your check payable to Fishers Area Swimming Tigers and enclose it in your entry. The meet will be run using Hy-Tek Meet Manager computer program (do not forget to "age up" swimmers to 6/25/10).

A printed copy of your meet entries must follow your submission of your entries via email. **In all cases, the printed copy is the final word in any disputes involving entries.** Entries not submitted via email in Hytek format will be subject to a \$50.00 data processing fee.

A psych sheet will be posted on the Fishers Area Swimming Tigers website (www.fasttigers.com) after the close of entries.

FINAL RESULTS: One complimentary copy will be provided to every club with five or more swimmers. Extra copies may be ordered at the meet for \$8.00. Final results will also be posted on the FAST website at www.fasttigers.com.

AWARDS:

- 8-Under, 9-10, 11-12, 13-14 & Open Age Groups - Awards for 1st through 9th place in all events.
- Team awards will be presented for 1st place, 2nd place and 3rd place visiting teams.
- High point award (1st through 3rd) - 8-Under, 9-10, 11-12, 13-14 & Open Age Groups. High point awards will be scored by the swimmers age and scoring will include all events for that swimmer.
- **AWARDS WILL NOT BE MAILED.**

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SCHEDULE: (All Times Are Eastern Daylight Time)

Friday, June 25, 2010

13-14 & Open Age Groups
Warm-Up @ Not Before 12:30 PM
Meet Starts @ Not Before 1:30 PM

10-Under & 11-12 Age Groups
Warm-Up @ Not Before 5:00 PM
Meet Starts @ Not Before 6:00 PM

Saturday and Sunday, June 26-27, 2010

13-14 & Open Age Groups
Prelims Warm-Up @ Not Before 6:45 AM
Prelims Start @ Not Before 8:00 AM
Finals Warm-Up @ Not Before 5:00 PM
Finals Start @ Not Before 6:00 PM

10-Under (Timed Finals) & 11-12 Age Groups
Prelims Warm-Up @ Not Before 12:00 PM
Prelims Start @ Not Before 1:00 PM
Finals Warm-Up @ Not Before 5:00 PM
Finals Start @ Not Before 6:00 PM

CLERK OF COURSE: **THERE WILL BE NO CLERK OF COURSE.** Lane assignments will be posted at various points around the pool. We highly encourage coaches to cover check-in, scratch and meet procedures with their new swimmers and parents. **ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK.** This is an insurance requirement of USA Swimming.

CONCESSIONS: Concessions will be available at the concession stand in the entrance lobby area. **ABSOLUTELY NO SMOKING IS PERMITTED IN THE BUILDING.**

HEAT SHEETS & ADMISSION: Finals Heat Sheets will be \$1.00
Meet Prelims Heat Sheet and Program will be \$5.00
Prelims Admission will be \$3.00
Finals Admission will be \$3.00
An "All-Sessions" Pass will be \$12.00
Children 10-under are free.

WARM-UPS: **Lanes for warm-ups will be assigned. Check the website at www.fasttigers.com and your coach's packet.**

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MEET DIRECTORS:	Dianna Hickey 14425 Brook Meadow Drive McCordsville, Indiana 46055 Home - (317) 366-1184 Cell - (916) 690-6426 khickeytahiti@yahoo.com	Lisa Shemon 14104 Connor Knoll Parkway Fishers, Indiana 46038 Home – (317) 773-9443 Cell – (317) 797-3299 lisashemon@sbcglobal.net
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MEET REFEREE: Clay Summers
7585 Timber Springs Dr. South
Fishers, Indiana 46038
317-842-7793
317-902-2876
csummers@iquest.net

OFFICIALS: The FAST will need the help of your **USA Swimming Officials**. If you have a member that is in charge of your officials, please provide his/her name & email address on the entry summary form where requested.

USA SWIMMING SUIT RULES: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

FACILITY INFORMATION: The competition course has not been certified in accordance with 104.2.2C(4).
104.2.2C(4): Where a moveable bulkhead is used, course measurement of the lane in which the record was set (American, US Open, or National Age Group Records) must be confirmed at the conclusion of the session during which the time was achieved.

The water depth for starts (from 1 to 5 meters from the wall) is 7'0 at the west end of the pool and 14'0 at the east end of the pool.

The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

1. Keep all trash picked up (swimmers and teams in particular).
2. Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas. Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials and volunteers are allowed on deck. **There can be no exceptions!**

The Fishers Area Swimming Tigers will have security people roaming the deck and locker room areas. If any swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition.

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ORDER OF EVENTS

FRIDAY, JUNE 25, 2010

Girls Event #	Afternoon Session (Session #1) Warm-Up @ Not Before 12:30 PM/Meet Starts @ Not Before 1:30 PM	Boys Event#
1***	Open 400 Free	***2
3***	13-14 400 Free	***4
5***	Open 400 Individual Medley	***6
7***	13-14 400 Individual Medley	***8
	Break - 10 Minutes	
9***	Open 1500 Free	***10

Girls Event #	Evening Session (Session #2) Warm-Up @ Not Before 5:00 PM/Meet Starts @ Not Before 6:00 PM	Boys Event#
11***	11-12 400 Free	***12
13	10-Under 200 Free	14
15	11-12 200 Individual Medley	16
17	10-Under 200 Individual Medley	18

SATURDAY, JUNE 26, 2010

Girls Event #	Morning Session (Session #3) Warm-Up @ Not Before 6:45 AM/Meet Starts @ Not Before 8:00 AM	Boys Event#
19	Open 100 Butterfly	20
21	13-14 100 Butterfly	22
23	Open 100 Breaststroke	24
25	13-14 100 Breaststroke	26
27	Open 200 Backstroke	28
29	13-14 200 Backstroke	30
31	Open 50 Freestyle	32
33	13-14 50 Freestyle	34
35	Open 200 Individual Medley	36
37	13-14 200 Individual Medley	38

Girls Event #	Afternoon Session (Session #4) Warm-Up @ Not Before 12:00 Noon/Meet Starts @ Not Before 1:00 PM	Boys Event#
39	11-12 100 Butterfly	40
41	10 & Under 100 Butterfly (Timed Finals)	42
43	11-12 100 Breaststroke	44
45	10-Under 100 Breaststroke (Timed Finals)	46
47	11-12 50 Backstroke	48
49	10-Under 50 Backstroke (Timed Finals)	50
51	11-12 50 Freestyle	52
53	10-Under 50 Freestyle (Timed Finals)	54
55	11-12 200 Freestyle	56

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Girls Event #	Finals Session (Session #5) Warm-Up @ Not Before 5:00 PM/Meet Starts @ Not Before 6:00 PM	Boys Event#
19	Open 100 Butterfly	20
21	13-14 100 Butterfly	22
39	11-12 100 Butterfly	40
23	Open 100 Breaststroke	24
25	13-14 100 Breaststroke	26
43	11-12 100 Breaststroke	44
27	Open 200 Backstroke	28
29	13-14 200 Backstroke	30
47	11-12 50 Backstroke	48
31	Open 50 Freestyle	32
33	13-14 50 Freestyle	34
51	11-12 50 Freestyle	52
35	Open 200 Individual Medley	36
37	13-14 200 Individual Medley	38
55	11-12 200 Freestyle	56

SUNDAY, JUNE 27, 2010

Girls Event #	Morning Session (Session #6) Warm-Up @ Not Before 6:45 AM/Meet Starts @ Not Before 8:00 AM	Boys Event#
57	Open 100 Freestyle	58
59	13-14 100 Freestyle	60
61	Open 200 Breaststroke	62
63	13-14 200 Breaststroke	64
65	Open 200 Butterfly	66
67	13-14 200 Butterfly	68
69	Open 100 Backstroke	70
71	13-14 100 Backstroke	72
73	Open 200 Freestyle	74
75	13-14 200 Freestyle	76

Girls Event #	Afternoon Session (Session #7) Warm-Up @ Not Before 12:00 Noon/Meet Starts @ Not Before 1:00 PM	Boys Event#
77	11-12 100 Freestyle	78
79	10-Under 100 Freestyle (Timed Finals)	80
81	11-12 50 Breaststroke	82
83	10-Under 50 Breaststroke (Timed Finals)	84
85	11-12 50 Butterfly	86
87	10-Under 50 Butterfly (Timed Finals)	88
89	11-12 100 Backstroke	90
91	10-Under 100 Backstroke (Timed Finals)	92

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Girls Event #	Finals Session (Session #8) Warm-Up @ Not Before 5:00 PM/Meet Starts @ Not Before 6:00	Boys Event#
57	Open 100 Freestyle	58
59	13-14 100 Freestyle	60
77	11-12 100 Freestyle	78
61	Open 200 Breaststroke	62
63	13-14 200 Breaststroke	64
81	11-12 50 Breaststroke	82
65	Open 200 Butterfly	66
67	13-14 200 Butterfly	68
85	11-12 50 Butterfly	86
69	Open 100 Backstroke	70
71	13-14 100 Backstroke	72
89	11-12 100 Backstroke	90
73	Open 200 Freestyle	74
75	13-14 200 Freestyle	76

ALL 10 & UNDER AGE GROUP EVENTS ARE TIMED FINALS SWUM IN THE AFTERNOON PRELIMS ON SATURDAY AND SUNDAY.

THE 11-12 & 13-14 AGE GROUP WILL SWIM CONSOLATION AND FINAL HEATS (TOP-18) AT NIGHT.

THE OPEN AGE GROUP WILL SWIM BONUS, CONSOLATION AND FINAL HEATS (TOP-27) AT NIGHT.

*** POSITIVE CHECK-IN EVENT – SEE MEET INFORMATION.

General Information:

1. Each team is responsible for its own valuables.
2. Each coach is responsible for the conduct of their team.
3. Only swimmers and coaches will be allowed on the deck area, except during the 1500 Free at which time a designated timer and counter will be allowed on deck to help with that event. There are two (2) men's and two (2) women's locker rooms on deck.
4. Medical personnel will be available during the meet.
5. Lane 10 is reserved for warm-up and warm-down. Swimmers must enter/exit in the middle of the warm-up/down lane. FAST will have security people monitor the warm-up/down lane. **HORSEPLAY, DIVING, JUMPING, SPLASHING OR EXCESSIVE STANDING IN THE WARM-UP/DOWN LANE WILL NOT BE ALLOWED.**

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Fee Summary

This summary form must be completed and returned with all entries by Friday, June 4, 2010. Please make certain to include all of the following:

1. Individual entry sheets
2. Check for entries made payable to: **Fishers Area Swimming Tigers**
3. Computer disk enclosed unless sent via email (must still include printed copy)
4. This summary form, completed

Mail all of the above to:

Ken Stopkotte
P.O. Box #453
Fishers, Indiana 46038
(317) 664-1608
(317) 570-SWIM (7946)
Email: kstopkotte@aol.com

Club _____ Club Code _____

Number of swimmers entered: Boys _____ + Girls _____ = Total _____

Number of swimmers entered: Indiana Swimming Surcharge _____ @ \$1.50 = \$ _____

Number of prelims/finals individual entries _____ @ \$5.00 = \$ _____

Number of timed finals individual entries _____ @ \$4.00 = \$ _____

TOTAL AMOUNT ENCLOSED = \$ _____

Club official submitting entry:

Coaches Names:

Name: _____

Address: _____

City: _____

State, Zip: _____

Telephone: _____

Email: _____

Please indicate the preferred manner of receiving final results:

_____ Hard Copy

_____ Meet Manager Backup (Emailed)

_____ Team Manager .cl2 file (Emailed)

_____ All of the above

Email address to send above to: _____

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Visiting USA Swimming Officials Sign-Up

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

Name: _____

Phone & Email (If Known): _____

Sessions: Friday AM _____ Friday PM _____ Friday Finals _____ Saturday AM _____ Saturday PM _____

Saturday Finals _____ Sunday AM _____ Sunday PM _____ Sunday Finals _____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday AM _____ Friday PM _____ Friday Finals _____ Saturday AM _____ Saturday PM _____

Saturday Finals _____ Sunday AM _____ Sunday PM _____ Sunday Finals _____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday AM _____ Friday PM _____ Friday Finals _____ Saturday AM _____ Saturday PM _____

Saturday Finals _____ Sunday AM _____ Sunday PM _____ Sunday Finals _____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday AM _____ Friday PM _____ Friday Finals _____ Saturday AM _____ Saturday PM _____

Saturday Finals _____ Sunday AM _____ Sunday PM _____ Sunday Finals _____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday AM _____ Friday PM _____ Friday Finals _____ Saturday AM _____ Saturday PM _____

Saturday Finals _____ Sunday AM _____ Sunday PM _____ Sunday Finals _____

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Release & Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2010

Signature of Club Official or Coach _____

Printed Name of Club Official or Coach _____

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Fishers Area Hotel Information

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

Hampton Inn & Suites 11575 Commercial Drive Fishers, Indiana 46038 317-913-0300 2.6 Miles From Pool	Cambria Suites 13500 Tegler Drive Noblesville, Indiana 46060 317-773-4970 3.5 Miles From Pool	Holiday Inn 9780 North By NE Boulevard Fishers, Indiana 46037 317-578-9000 4.4 Miles From Pool
Hotel Indigo 9791 North By NE Boulevard Fishers, Indiana 46037 317-558-4100 4.4 Miles From Pool	Staybridge Suites 9780 Crosspoint Boulevard Indianapolis, Indiana 46256 317-577-9500 4.4 Miles From Pool	Marriott Spring Hill Suites 9698 Hague Road Indianapolis, Indiana 46256 317-841-0416 4.4 Miles From Pool
Residence Inn By Marriott 9765 Crosspoint Boulevard Indianapolis, Indiana 46256 317-842-1111 4.4 Miles From Pool	Holiday Inn Express 9790 North By NE Boulevard Fishers, Indiana 46037 317-578-2000 4.4 Miles From Pool	Hilton Garden Inn 9785 North By NE Boulevard Fishers, Indiana 46037 317-577-5900 4.4 Miles From Pool
Comfort Inn & Suites 9760 Crosspoint Boulevard Fishers, Indiana 46256 317-578-1200 4.4 Miles From Pool	Fairfield Inn & Suites 17960 Foundation Drive Noblesville, Indiana 46060 317-776-9900 5.0 Miles From Pool	Candlewood Suites 8111 Bash Street Indianapolis, Indiana 46250 317-595-9292 7.5 Miles From Pool
Hampton Inn 6817 East 82 nd Street Indianapolis, Indiana 46250 317-576-0220 7.5 Miles From Pool	Hilton Hotel 8181 North Shadeland Avenue Indianapolis, Indiana 46250 317-849-6668 7.5 Miles From Pool	Quality Inn & Suites 16025 Prosperity Drive Noblesville, Indiana 46060 317-770-6772 4.0 Miles From Pool