

**FISHERS AREA SWIMMING TIGERS
THE 2012 MLK INVITATIONAL
PRELIMINARIES & FINALS, JANUARY 13-15, 2012**



- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN12111.
- HOST:** Fishers Area Swimming Tigers, P.O. Box #453, Fishers, Indiana 46038
- POOL:** Fishers High School Aquatic Center
13000 Promise Road
Fishers, Indiana 46038
- FACILITY:** Competition Pool: Two 25-yard pools with ten-7.5-foot wide lanes each with non-turbulent lane markers. We will run one 10-lane 25-yard course for competition and the other will be used for warm-down. If necessary, FAST reserves the right to use the other 10-lane 25-yard course for selected events prelim sessions. A Daktronics 2000 Time System will be used. In the event of circumstances necessitating changes during the meet, information will be updated on the FAST website at www.fasttigers.com. Balcony spectator seating is available.
- The main competition (West) pool has a minimum depth of five foot nine inches (5'9") and a maximum depth of six foot ten inches (6' 10"). The second (East) pool has a minimum depth of twelve feet (12') for the first five meters at the starting end of the pool. The second pool's turn end depth is three foot ten inches (3'10") for the first five meters. The competition course has not been certified in accordance with rule 104.2.2C(4).
- PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center. Enter the Fishers High School Natatorium through entrance doors FH6.
- ELIGIBILITY:** Age as of January 13, 2012 shall determine the age for each swimmer entered into the meet. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry. Coaches must constantly display their USA Swimming coach credential to gain deck access. The meet referee or meet director reserves the right to ask for coach credential display and/or deny access if the coach does not comply. IHSAA Swimmers may need to obtain a waiver to compete in this meet.
- EVENT SEEDING:** There will be positive check-in for all events. Check-in will close 45 minutes before the session start time.

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RULES: Current USA Swimming and Indiana Swimming rules will govern the meet. Please pay special attention to rule 202.3.2 that states, "At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the member in making arrangements for such supervision.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

MEET FORMAT: All Friday PM events are timed finals events. On Saturday and Sunday, all 8-Under and 10-Under events will be swum as timed finals in prelims.

The Fishers Area Swimming Tigers reserves the right to limit the number of heats in all individual timed finals events to keep the time line manageable. There will be refunds for all swimmers that get cut out of events.

Preliminaries will be conducted on Saturday and Sunday mornings for 11-12, 13-14 & Open events. There will be consolation and championship finals heats (top-20) on Saturday and Sunday for the 11-12, 13-14 & Open age groups. **The Open 1000 Free and all 8-Under and 10-under events will swim as timed finals events in prelims.** The Open 1650 Freestyle will swim in prelims, with the top-10 fastest seeded swimmers swimming in finals. 1000/1650 Freestyle events will be contested fastest to slowest.

If a swimmer misses their event, they will be declared a "no show" and will not be placed in any other heat to make-up the swim. Fishers Area Swimming Tigers reserves the right to use "fly-over" starts for all events.

POSITIVE CHECK-IN: Positive check-in means, "I am here and I intend to swim this event." For all applicable events, the positive check-in deadline will be 45 minutes before the start of each session. There will not be a positive check-in for Saturday and Sunday afternoon timed finals (8-Under & 10-Under Sessions) and evening finals.

Positive check-in sheets will be located at the security tables as you enter the pool area from the lobby on the deck level. All swimmers not declaring intent to swim via positive check-in will be scratched.

ENTRIES: Enter each swimmer with their full first name, last name, age and USA Swimming number on the entry. All times must be submitted in **SHORT COURSE YARDS TIMES AND COMPLETED TO THE HUNDRETH OF A SECOND. CONVERTED TIMES MUST USE THE HY-TEK TIME CONVERTER.**

Each swimmer in the 11-12, 13-14 and Open age group will be limited to three (3) individual events per day. Each swimmer in the 8-Under and 10-Under age groups

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will be limited to five (5) individual events per day. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds.

FAST reserves the right to determine which entries to accept. Among the items FAST and will consider when making these determinations are: teams will not be broken, number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition and geographic location.

The Fishers Area Swimming Tigers reserves the right to limit the number of heats in all individual timed finals events to keep the time line manageable. There will be refunds for all swimmers that get cut out of events.

**ENTRY
PROCEDURE:**

We expect this meet to fill up very quickly. Entries will be accepted immediately. The final entry date for entries to be received is 5:00 PM ET on Friday, December 23, 2011 or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by Monday, December 26, 2011 via email or US Postal depending on the form of entry.

Any accepted team entries may be updated until midnight on Monday, January 9, 2012. Updated times must be received via email. No Phone updates will be accepted

PLEASE PAY SPECIAL ATTENTION TO THE ENTRY PROCEEDURE LISTED BELOW...

Initial entries will be accepted through Friday, December 23rd, 2011. Teams not accepted into the meet will be notified on Monday, December 26th, 2011. FAST reserves the right to determine which entries to accept. Among the items FAST and will consider when making these determinations are geographic location, balance of age group, days entered and gender in entry, level of competition and geographic location.

ENTRY FEES:

All entry fees must be paid by Friday, January 13th, 2012. Please make check payable to: **FISHERS AREA SWIMMING TIGERS**. The individual events that are timed finals (8-Under, Friday Night & Timed Finals Distance Events) are \$4.00. The individual events that are prelims/finals are \$5.00 per event.

There is also a \$1.50 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.

Mail entries and fees to the Entry Chairperson:

Alec Haley
P.O. Box # 453
Fishers, Indiana 46038
307-258-8868
Email: haley.alec@gmail.com

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- DECK ENTRIES:** Will be accepted if the meet is not filled ONLY as NEW ADDITIONS; CHANGES WILL NOT BE ACCEPTED. Deck entries are only for swimmers on teams already entered into the meet. Entry fee for deck entries are \$10.00 per prelim final event and \$8.00 per timed final event.
- FINAL RESULTS:** One complimentary copy will be provided to every club with five or more swimmers. Final results will also be posted on the FAST website at www.fasttigers.com.
- AWARDS:** Ribbons will be awarded for 1st through 20th place finishers in individual events for the 8 -Under, 10-under, and 11-12 age groups. High point award in each age group (8-Under, 10-Under, 11-12, 13-14 and Open). Swimmers entered in the Open 1650 and 1000 Freestyle events will awarded points for high point.
AWARDS WILL NOT BE MAILED.
- SCORING:** Places 1st through 10th 24-21-20-19-18-17-16-15-14-13
Places 11th through 20th 11-9-8-7-6-5-4-3-2-1
- CLERK OF COURSE:** There will be a Clerk of Course located on deck for all 8-Under events. Lane assignments will be posted at various points around the pool. We highly encourage coaches to cover check-in, scratch and meet procedures with their new swimmers and parents. **ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK.** This is an insurance requirement of USA Swimming.
- CONCESSIONS:** Concessions will be available at the concession stand on the first level just across the entrance to the basketball arena.
- ADMISSION:** An admission of \$4.00 per person per session. There will also be an all-session wristband sold for \$6.00. Children 10-under are free.
- MEET PROGRAMS:** Meet Programs (Psych Sheets and/or Heat Sheets) will be available for purchase.
- WARM-UPS:** Lanes for warm-ups will be assigned. Check the website at www.fasttigers.com and your coach's packet. Warm-ups for finals may be conducted in the East Pool if the afternoon session runs past the scheduled start of warm-ups.
- MEET DIRECTORS:** Aimee Parrish (aimeeparrish@hotmail.com)
Deb Roehrdanz (dmroehrdanz@comcast.net)
- MEET REFEREE:** Lannie Carmack (lcarmack@comcast.net)
- OFFICIALS:** FAST will need the help of your **USA Swimming Officials**. If you have a member that is in charge of your officials, please provide his/her name & email address on the entry summary form where requested.
- SUIT RULES:** In swimming competitions, the competitors must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

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FACILITY NOTE: The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

- Keep all trash picked up (swimmers and teams in particular).
- Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas.
- Due to USA Swimming insurance requirements, only swimmers, coaches, officials and volunteers are allowed on deck.
- **NO SMOKING OR TOBACCO IS PERMITTED IN THE BUILDING.**

The Fishers Area Swimming Tigers will have security people patrolling the deck and locker room areas. Anyone caught abusing the building or facility, will be asked to leave the facility immediately and barred from further competition.

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FRIDAY, JANUARY 13, 2012

Girls Event #	Evening Session Warm-Up @ Not Before 4:00 PM/Meet Starts @ Not Before 5:00 PM	Boys Event #
1	10-Under 200 Individual Medley	2
3	11-12 200 Individual Medley	4
5	13-14 400 Individual Medley	6
7	Open 400 Individual Medley	8
9	10-Under 200 Freestyle	10
11	11-12 500 Freestyle	12
13	13-14 500 Freestyle	14
15	Open 500 Freestyle	16

SATURDAY, JANUARY 14, 2012

Girls Event #	Morning Session Warm-Up @ Not Before 6:30AM/Meet Starts @ Not Before 8:00 AM	Boys Event #
	Finals Session Warm-Up @ Not Before 4:30PM/Meet Starts @ Not Before 5:30 PM	
17	11-12 50 Freestyle	18
19	13-14 50 Freestyle	20
21	Open 50 Freestyle	22
23	11-12 50 Breaststroke	24
25	13-14 200 Breaststroke	26
27	Open 200 Breaststroke	28
29	11-12 100 Backstroke	30
31	13-14 100 Backstroke	32
33	Open 100 Backstroke	24
35	11-12 50 Butterfly	36
37	13-14 200 Butterfly	38
39	Open 200 Butterfly	40
41	11-12 200 Freestyle	42
43	13-14 200 Freestyle	44
45	Open 200 Freestyle	36
47	Girls 1650 Freestyle (Fastest heat in Finals)	
	Boys 1000 Yard Freestyle (all heats in Preliminaries)	48

Girls Event #	Afternoon Session Warm-Up @ Not Before 12:00Noon/Meet Starts @ Not Before 1:00 PM	Boys Event #
49	8-Under 25 Freestyle	50
51	10-Under 50 Freestyle	53
53	8-Under 25 Breaststroke	54
55	10-Under 50 Breaststroke	56
57	8-Under 50 Backstroke	58
59	10-Under 50 Backstroke	60
61	8-Under 50 Butterfly	62
63	10-Under 100 Butterfly	64
65	8-Under 100 Freestyle	66

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SUNDAY, JANUARY 15, 2012

Girls Event #	Morning Session Warm-Up @ Not Before 6:30AM/Meet Starts @ Not Before 8:00 AM Finals Session Warm-Up @ Not Before 4:00PM/Meet Starts @ Not Before 5:00 PM	Boys Event #
	13-14 200 Individual Medley	
69	Open 200 Individual Medley	70
71	11-12 100 Breaststroke	72
73	13-14 100 Breaststroke	74
75	Open 100 Breaststroke	76
77	11-12 100 Butterfly	78
78	13-14 100 Butterfly	80
81	Open 100 Butterfly	82
83	11-12 100 Freestyle	84
85	13-14 100 Freestyle	86
87	Open 100 Freestyle	88
89	11-12 50 Backstroke	90
91	13-14 200 Backstroke	92
93	Open 200 Backstroke	94
95	Girls 1000 Freestyle (all heats in Preliminaries)	
	Boys 1650 Freestyle (Fastest heat in Finals)	96

Girls Event #	Afternoon Session Warm-Up @ Not Before 12:00 Noon/Meet Starts @ Not Before 1:00 PM	Boys Event #
97	10-Under 100 Backstroke	98
99	8-Under 25 Backstroke	100
101	10-Under 100 Breaststroke	102
103	8-Under 50 Breaststroke	104
105	10-Under 100 Freestyle	106
107	8-Under 50 Freestyle	108
109	10-Under 50 Butterfly	110
111	8-Under 25 Butterfly	112

General Information:

1. Each team is responsible for its own valuables.
2. Each coach is responsible for the conduct of their team.
3. Only swimmers and coaches will be allowed in the deck area, except during the 1650 Free at which time a designated timer and counter will be allowed on deck to help with that event.
There are two men's and two women's locker rooms on deck.

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Fee Summary

This summary form must be completed and returned with all entry fees by January 6th, 2012. Please note your initial entry is due on Friday, December 23rd, 2011 to get consideration for entry into the meet. Please make certain to include all of the following:

1. Individual entry sheets
2. Check for entries made payable to: **Fishers Area Swimming Tigers**
3. Computer disk enclosed unless sent via email (must still include printed copy)
4. This summary form, completed

Mail all of the above to:

Alec Haley
P.O. Box # 453
Fishers, Indiana 46038
317-460-9206
Email: haley.alec@gmail.com

Club _____ Club Code _____

Number of swimmers entered: Boys _____ + Girls _____ = Total _____

Number of swimmers entered: Indiana Swimming Surcharge _____ @ \$1.50 = \$ _____

Number of prelims/finals individual entries _____ @ \$5.00 = \$ _____

Number of timed finals individual entries _____ @ \$4.00 = \$ _____

TOTAL AMOUNT ENCLOSED = \$ _____

Club official submitting entry:

Coaches Names:

Name: _____

Address: _____

City: _____

State, Zip: _____

Telephone: _____

Email: _____

Please indicate the preferred manner of receiving final results:

_____ Hard Copy

_____ Meet Manager Backup (Emailed)

_____ Team Manager .cl2 file (Emailed)

_____ All of the above

Email address to send above to: _____

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Visiting USA Swimming Officials Sign-Up

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

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Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

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Release & Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses ,expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2011

Signature of Club Official or Coach _____

Printed Name of Club Official or Coach _____

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Fishers Area Hotel Information

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

Hampton Inn & Suites 11575 Commercial Drive Fishers, Indiana 46038 317-913-0300 2.6 Miles From Pool	Cambria Suites 13500 Tegler Drive Noblesville, Indiana 46060 317-773-4970 3.5 Miles From Pool	Holiday Inn 9780 North By NE Boulevard Fishers, Indiana 46037 317-578-9000 4.4 Miles From Pool
Hotel Indigo 9791 North By NE Boulevard Fishers, Indiana 46037 317-558-4100 4.4 Miles From Pool	Staybridge Suites 9780 Crosspoint Boulevard Indianapolis, Indiana 46256 317-577-9500 4.4 Miles From Pool	Marriott Spring Hill Suites 9698 Hague Road Indianapolis, Indiana 46256 317-841-0416 4.4 Miles From Pool
Residence Inn By Marriott 9765 Crosspoint Boulevard Indianapolis, Indiana 46256 317-842-1111 4.4 Miles From Pool	Holiday Inn Express 9790 North By NE Boulevard Fishers, Indiana 46037 317-578-2000 4.4 Miles From Pool	Hilton Garden Inn 9785 North By NE Boulevard Fishers, Indiana 46037 317-577-5900 4.4 Miles From Pool
Comfort Inn & Suites 9760 Crosspoint Boulevard Fishers, Indiana 46256 317-578-1200 4.4 Miles From Pool	Fairfield Inn & Suites 17960 Foundation Drive Noblesville, Indiana 46060 317-776-9900 5.0 Miles From Pool	Candlewood Suites 8111 Bash Street Indianapolis, Indiana 46250 317-595-9292 7.5 Miles From Pool
Hampton Inn 6817 East 82 nd Street Indianapolis, Indiana 46250 317-576-0220 7.5 Miles From Pool	Hilton Hotel 8181 North Shadeland Avenue Indianapolis, Indiana 46250 317-849-6668 7.5 Miles From Pool	Quality Inn & Suites 16025 Prosperity Drive Noblesville, Indiana 46060 317-770-6772 4.0 Miles From Pool