



2010-2011 Time Standards



GIRLS						10 & under	BOYS					
SCY		LCM		SCM			SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:31.39	0:37.09	0:35.99	0:42.49	0:34.69	0:40.99	50 Free	0:31.79	0:37.59	0:35.99	0:42.49	0:34.79	0:41.09
1:09.39	1:21.89	1:20.69	1:35.29	1:15.59	1:29.29	100 Free	1:10.59	1:23.39	1:20.59	1:35.19	1:18.09	1:32.19
2:32.59	3:00.09	2:55.99	3:27.69	2:47.09	3:17.19	200 Free	2:34.39	3:02.19	2:52.79	3:23.89	2:50.69	3:21.49
0:36.89	0:43.59	0:42.89	0:50.69	0:40.69	0:48.09	50 Back	0:37.49	0:44.29	0:43.79	0:51.69	0:41.29	0:48.79
1:18.79	1:32.99	1:32.89	1:49.69	1:27.19	1:42.89	100 Back	1:21.69	1:36.39	1:34.39	1:51.39	1:29.49	1:45.69
0:41.69	0:49.19	0:48.69	0:57.49	0:45.99	0:54.29	50 Breast	0:43.19	0:50.99	0:50.49	0:59.59	0:47.69	0:56.29
1:31.49	1:47.99	1:46.59	2:05.79	1:40.89	1:59.09	100 Breast	1:33.59	1:50.49	1:48.89	2:08.49	1:43.39	2:02.09
0:35.29	0:41.69	0:41.49	0:48.99	0:38.69	0:45.69	50 Fly	0:36.89	0:43.59	0:42.49	0:50.19	0:40.89	0:48.29
1:22.99	1:37.99	1:38.79	1:56.59	1:31.79	1:48.39	100 Fly	1:26.19	1:41.79	1:41.79	2:00.19	1:35.29	1:52.49
2:50.79	3:21.59	3:18.59	3:54.39	3:08.79	3:42.79	200 IM	2:53.99	3:25.39	3:20.99	3:57.19	3:11.29	3:45.79
2:16.29		2:41.29		2:29.19		200 Free Relay	2:20.79		2:46.59		2:34.19	
2:35.59		3:06.99		2:50.39		200 Medley Relay	2:43.39		3:17.79		2:58.59	
SCY		LCM		SCM		11-12	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:27.79	0:32.79	0:31.69	0:37.39	0:30.49	0:35.99		50 Free	0:28.19	0:33.29	0:32.39	0:38.29	0:30.99
1:00.49	1:11.39	1:08.89	1:21.29	1:06.19	1:18.19	100 Free	1:01.59	1:12.69	1:11.19	1:24.09	1:07.49	1:19.69
2:12.69	2:36.59	2:30.49	2:57.59	2:25.19	2:51.39	200 Free	2:15.59	2:40.09	2:34.49	3:02.39	2:29.09	2:55.99
5:50.69	6:53.89	5:18.59	6:15.99	5:06.89	6:02.19	400M / 500Y Free	5:59.59	7:04.39	5:29.99	6:29.39	5:14.69	6:11.39
0:32.59	0:38.49	0:37.69	0:44.49	0:35.79	0:42.29	50 Back	0:33.19	0:39.19	0:38.39	0:45.39	0:36.39	0:42.99
1:09.39	1:21.89	1:20.49	1:34.99	1:16.09	1:29.79	100 Back	1:11.79	1:24.79	1:23.39	1:38.49	1:18.69	1:32.89
0:36.29	0:42.89	0:41.99	0:49.59	0:39.79	0:46.99	50 Breast	0:37.39	0:44.19	0:43.89	0:51.79	0:41.09	0:48.49
1:18.29	1:32.39	1:31.99	1:48.59	1:25.89	1:41.39	100 Breast	1:21.89	1:36.69	1:35.09	1:52.29	1:29.79	1:45.99
0:30.79	0:36.39	0:35.09	0:41.49	0:33.79	0:39.89	50 Fly	0:31.79	0:37.59	0:36.59	0:43.19	0:34.89	0:41.19
1:10.49	1:23.19	1:20.99	1:35.59	1:17.29	1:31.29	100 Fly	1:12.39	1:25.49	1:25.39	1:40.79	1:20.09	1:34.59
2:29.39	2:56.29	2:51.09	3:21.89	2:43.49	3:12.99	200 IM	2:32.59	3:00.09	2:59.99	3:32.39	2:46.99	3:17.09
1:56.99		2:15.29		2:08.69		200 Free Relay	2:02.49		2:24.39		2:14.19	
2:12.39		2:34.59		2:24.99		200 Medley Relay	2:19.39		2:47.89		2:32.49	
SCY		LCM		SCM		13-14	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:26.39	0:31.19	0:30.19	0:35.69	0:28.99	0:34.29		50 Free	0:24.89	0:29.39	0:28.89	0:34.09	0:27.39
0:57.69	1:08.09	1:05.49	1:17.29	1:03.29	1:14.69	100 Free	0:54.49	1:04.39	1:03.29	1:14.69	0:59.79	1:10.59
2:05.19	2:27.79	2:22.89	2:48.69	2:17.09	2:41.79	200 Free	1:59.79	2:21.39	2:17.89	2:42.79	2:11.19	2:34.89
5:32.89	6:32.89	5:04.09	5:58.89	4:55.99	5:49.29	400M / 500Y Free	5:19.69	6:17.29	4:54.79	5:47.89	4:39.79	5:30.19
11:45.99		10:44.39		10:18.49		800M / 1000Y Free	11:27.89		10:19.99		10:01.99	
19:46.19	23:19.79	20:29.29	24:10.59	19:41.49	23:14.19	1500M / 1650Y Free	19:09.49	22:36.49	20:03.99	23:40.79	19:02.59	22:28.29
1:05.69	1:17.59	1:16.49	1:30.29	1:12.39	1:25.49	100 Back	1:02.89	1:14.29	1:14.59	1:28.09	1:09.39	1:21.89
2:21.89	2:47.49	2:44.99	3:14.69	2:35.29	3:03.29	200 Back	2:16.19	2:40.79	2:41.69	3:10.79	2:30.49	2:57.59
1:14.39	1:27.79	1:28.19	1:44.09	1:21.79	1:36.59	100 Breast	1:11.49	1:24.39	1:23.79	1:38.89	1:18.59	1:32.79
2:42.09	3:11.29	3:09.19	3:43.29	2:57.09	3:28.99	200 Breast	2:36.49	3:04.69	3:02.99	3:35.99	2:52.49	3:23.59
1:04.89	1:16.59	1:14.49	1:27.99	1:10.99	1:23.79	100 Fly	1:01.79	1:12.99	1:11.59	1:24.49	1:08.79	1:21.19
2:27.89	2:54.59	2:52.79	3:23.89	2:43.49	3:12.99	200 Fly	2:24.09	2:50.09	2:44.79	3:14.49	2:39.09	3:07.79
2:23.09	2:48.89	2:44.29	3:13.89	2:36.69	3:04.89	200 IM	2:15.69	2:40.19	2:37.89	3:06.39	2:28.49	2:55.29
5:00.59	5:54.79	5:50.09	6:53.19	5:28.89	6:28.09	400 IM	4:48.89	5:40.89	5:41.29	6:42.79	5:17.79	6:14.99
1:50.19		2:06.89		2:00.99		200 Free Relay	1:45.99		2:08.49		1:57.39	
2:05.29		2:26.79		2:18.19		200 Medley Relay	2:00.79		2:29.89		2:12.29	
3:59.59		4:28.99		4:23.09		400 Free Relay	3:48.99		4:22.69		4:13.49	
4:23.39		5:08.19		4:50.59		400 Medley Relay	4:18.99		5:14.99		4:43.59	
SCY		LCM		SCM		SENIOR	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:25.69	0:30.39	0:29.19	0:34.49	0:28.19	0:33.29		50 Free	0:22.69	0:26.79	0:26.09	0:30.79	0:24.89
0:55.69	1:05.79	1:02.89	1:14.29	1:01.09	1:12.09	100 Free	0:49.79	0:58.79	0:56.79	1:07.09	0:54.59	1:04.49
2:01.49	2:23.39	2:17.49	2:42.29	2:13.09	2:37.09	200 Free	1:50.29	2:10.19	2:05.39	2:27.99	2:00.79	2:22.59
5:29.19	6:28.49	4:49.99	5:42.19	4:52.69	5:45.39	400M / 500Y Free	5:02.69	5:57.19	4:28.89	5:17.29	4:24.89	5:12.59
11:25.79		10:02.09		10:00.79		800M / 1000Y Free	10:43.09		9:26.59		9:22.79	
19:25.69	22:55.59	19:35.59	23:07.29	19:21.09	22:50.09	1500M / 1650Y Free	18:08.19	21:24.09	18:16.29	21:33.69	18:01.69	21:16.39
1:03.49	1:14.99	1:13.89	1:27.19	1:09.99	1:22.59	100 Back	0:57.19	1:07.49	1:06.79	1:18.89	1:03.09	1:14.49
2:19.09	2:44.19	2:40.59	3:09.59	2:32.19	2:59.59	200 Back	2:06.89	2:29.79	2:26.19	2:52.59	2:20.29	2:45.59
1:12.89	1:26.09	1:23.59	1:38.69	1:20.19	1:34.69	100 Breast	1:04.99	1:16.69	1:14.79	1:28.29	1:11.39	1:24.29
2:38.59	3:07.19	3:01.49	3:34.19	2:53.19	3:24.39	200 Breast	2:23.39	2:49.29	2:48.19	3:18.49	2:38.09	3:06.59
1:02.39	1:13.69	1:10.49	1:23.19	1:08.29	1:20.59	100 Fly	0:55.49	1:05.49	1:02.19	1:13.39	1:01.79	1:12.99
2:24.49	2:50.59	2:42.29	3:11.59	2:39.69	3:08.49	200 Fly	2:07.59	2:30.59	2:27.99	2:54.69	2:20.89	2:46.29
2:18.59	2:43.59	2:36.19	3:04.39	2:31.79	2:59.19	200 IM	2:05.49	2:28.09	2:21.29	2:46.79	2:17.29	2:42.09
4:59.79	5:53.79	5:38.59	6:39.59	5:27.99	6:27.09	400 IM	4:32.09	5:21.09	5:12.09	6:08.29	4:59.39	5:53.29
3:53.09		4:25.19		4:15.99		400 Free Relay	3:27.79		4:00.39		3:50.09	
8:33.29		9:34.99		9:26.19		800 Free Relay	7:41.89		9:01.59		8:25.79	
4:22.49		4:53.49		4:49.59		400 Medley Relay	3:52.59		4:27.59		4:14.69	

Shading indicates a new/faster time

Rev 3

10/19/2010